

9 DAYS TEAM PROGRAMS IN HOLLAND & GERMANY



Holland Football University Professional Football Education

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LIVE, PLAY AND TRAIN AS A DUTCH PROFESSIONAL



We welcome you during your professional training camp in Holland. The country which has produced so many breath-taking players like Robben, Sneijder and Memphis Depay. We love to offer you a total experience where you can experience all the football this small country has to offer. Not only will we show you the best Holland has to offer but we also have you experience the best German soccer offers. This 9-day trip will show you games of the Bundesliga and Eredivisie.

Meanwhile, you play against Dutch and German teams of your age group. It is great to learn from different styles of play and test where you are at comparing to the challenging level we organise for you in these 2 famous football countries!

FOOTBALL PROGRAM

During your training camp with us we offer you perfect facilities. Everything will be organised before you enter, giving you great fields to work at and usage of our full equipment training kit. Knowing you work with good field, quality balls, cones and mobile goals, the only thing you need to take care of is bringing your players!

You will be able to play matches against professional players of your own age to see how good you already are. We will tape your matches, so your coaches can analyse this with you. In this 9-day program you get the chance to play 3 matches against German/Dutch players of your age.

ARRIVAL

With arrival we will pick you up at the airport and take you to your hotel. All transportation as described in your itinerary will be arranged by us, including the return in the end to the airport.

HOTEL

The hotel you are staying is used for professional teams all out of Europe and meets professional standards. You have your own team room for teamsessions, coach discussions and video analysing. Your hotel also offers a heated swimmingpool and sauna, most ideal for your recovery sessions.

CONCEPT PROGRAM 9-DAY TEAM TOUR HOLLAND & GERMANY

	SATURDAY <ul style="list-style-type: none">• ARRIVAL AIRPORT• DEPARTURE TO TWENTE• WATCHING PROFESSIONAL MATCH
	SUNDAY <ul style="list-style-type: none">• TRAININGSESSION 1 TEAM TACTICS DEFENCE• CITY TRIP TO GERMANY• MATCH BUNDESLIGA
	MONDAY <ul style="list-style-type: none">• TESTING SESSION 2: TEAM TACTICS ATTACK• MATCH 1
	TUESDAY <ul style="list-style-type: none">• TRAINING SESSION 3 TEAM TACTICS BALL LOSS• VIDEO ANALYSING MATCH 1
	WEDNESDAY <ul style="list-style-type: none">• CITY TRIP GERMANY• MATCH 2
	THURSDAY <ul style="list-style-type: none">• TRAINING SESSION 4• VIDEO ANALYSING MATCH 2
	FRIDAY <ul style="list-style-type: none">• TESTING PROTOCOL• TRAINING SESSION 5
	SATURDAY <ul style="list-style-type: none">• MATCH 3• CITY TRIP AMSTERDAM
	SUNDAY <ul style="list-style-type: none">• VIDEO ANALYSING MATCH 3• DEPARTURE TO AIRPORT

ALL INCLUDED IN THE PROGRAM

- ✓ High Class training complex
- ✓ Holland Football University coördinator during stay
- ✓ Full board meals (breakfast/ lunch and sportsmeal)
- ✓ Players double room, staff single room
- ✓ Transportation during the trip as mentioned in program
- ✓ Excellent hotel
- ✓ Exclusive HFU shirt for all players
- ✓ Transportation from and to airport
- ✓ 3 Matches
- ✓ Use of Team room during your stay
- ✓ Access to Laundry & Fitness Facilities
- ✓ Use of professional equipment during your stay
- ✓ Sightseeing in Amsterdam
- ✓ Sightseeing Germany
- ✓ Watching Bundesliga match
- ✓ Video taped after match
- ✓ **Coaches package: 2 sessions for your coaches staff, tailor made on their wishes**



OPTIONAL:

- # Training sessions run by HFU Coach
- # Video Analysing Team for matches
- # Professional Testing Protocol by HFU Staff
- # Power training sessions by HFU staff
- # Follow our Team journey
(1 staff member follows your team on the journey making a promo afterwards)
- # Medical assistance during your trainings and matches

Price based on 40 persons, 9 days: €1.190,- per person
